

GHS Football Camp

OUR MISSION

The mission of this camp is to teach basic fundamentals, skills, drills, and techniques within the game of football. Individual time will be spent with each player, as well as, instruction based on age and level of play. The values of life such as discipline, hard work, teamwork, trust and loyalty will be stressed. Each camper will be given an opportunity to learn the game of football while having fun doing so. Skills will include but are not limited to the following:

- *Stance*
- *Footwork*
- *Blocking*
- *Tackling*
- *Passing*
- *Catching*
- *Speed & Conditioning*
- *Specifics to each position*

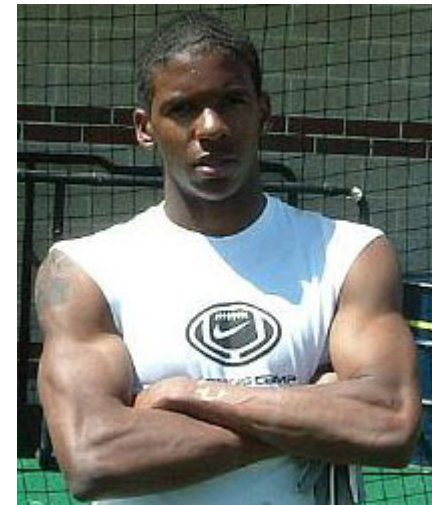
2004 CAMP STAFF

Terry Smith, Head Coach Gateway High School
Professional Career: Washington Redskins, Toronto Argonauts, Shreveport Pirates, Albany Firebirds
Collegiate Career at Penn State: 3-Year starter, 4-Year Letter Winner, 1991 Team Captain, 1991 Team MVP, 5th all time catches, 6th all time yards, selected to play in Japan Bowl, Heisman Trophy candidate. High School Career at Gateway: Played QB, 2 time WPIAL Champions, Dapper Dan Roundball Classic, Big 33
Previous Coaching: Offensive Pass Coordinator, Duquesne University; Defensive Pass Coordinator, Hempfield High School; Coached 9 athletes to the U.S. Jr. Olympic National Track Championship 2001. Member of The Gateway Sports Hall of Fame.

** The Camp Staff will also include a number of top high school coaches, collegiate players, and a number of Gateway High School Football Players past and present.

GHS Football Camp
Gateway High School
C/O Terry Smith
1000 Gateway Campus Boulevard
Monroeville, PA 15146

3rd Annual GHS Football Camp



Featuring the # 1 High
School Player in
Pennsylvania
JUSTIN KING
At
Gateway High School

June 8 – 11, 2004

GHS FOOTBALL CAMP

The GHS Football Camp for athletes entering grades 3 – 9 will be held June 8 – 11, 2004 on the campus of Gateway High School. Terry Smith, Head Football Coach at Gateway High School will direct the camp, which will be four days of instruction on all phases of the game.

The goals of this camp will be to teach skills, techniques, and adjustments needed to be a successful football player at the high school and collegiate level. On field practice sessions will be held daily.

COLLEGE & HIGH SCHOOL PLAYERS

BERNARD "JOSH" LAY
University of Pittsburgh

JUSTIN KING
#1 HIGH SCHOOL PLAYER IN
THE STATE OF PENNSYLVANIA
36 SCHOLARSHIP OFFERS
INCLUDING PENN STATE,
MICHIGAN, USC, TEXAS, NOTRE
DAME, FLORIDA ST, WVU &
PITT

AND OTHERS

COST

The cost for this camp is \$75. This cost includes a Camp T-shirt and instruction for the week. Make cashiers checks or money orders payable to GHS Football Camp **(NO Personal Checks after June 1, 2004)**.

Return completed registration and payment to:

GHS Football Camp
Gateway High School
C/O of Terry Smith
1000 Gateway Campus Boulevard
Monroeville, PA 15146
412-373-5750

TUESDAY JUNE 8TH

7:45 – 8:30 REGISTRATION
8:30 – 8:45 RULES & REGULATIONS
8:45 – 9:00 GUEST SPEAKER
9:00 – 11:45 POSITION PRACTICE
11:45 – 12:00 CAMP CLOSEOUT MEETING
12:00 DISMISSAL

WEDNESDAY JUNE 9TH

8:00 – 8:30 REPORT
8:30 – 8:45 GUEST SPEAKER
8:45 – 9:00 STRETCH/AGILITIES
9:00 – 11:45 POSITION PRACTICE
11:45– 12:00 CAMP CLOSEOUT MEETING
12:00 DISMISSAL

THURSDAY JUNE 10TH

8:00 – 8:30 REPORT
8:30 – 8:45 GUEST SPEAKER
8:45 – 9:00 STRETCH/AGILITIES
9:00 – 11:45 POSITION PRACTICE
11:45– 12:00 CAMP CLOSEOUT MEETING
12:00 DISMISSAL

FRIDAY JUNE 11TH

8:00 – 8:30 REPORT
8:30 – 8:45 GUEST SPEAKER
8:45 – 9:00 STRETCH/AGILITIES
9:00 – 11:45 POSITION PRACTICE
11:45– 12:00 CAMP CLOSEOUT MEETING
12:00 DISMISSAL

The camp will be conducted at Gateway High School in Monroeville, PA: Located off Route 48, Mosside Boulevard.

WHAT TO BRING

- SPIKES
- TOWEL
- WATER JUG/BOTTLE
- WORK OUT CLOTHES (T-SHIRT, SHORTS, SOCKS)



REGISTRATION FORM

Name: _____

Address: _____

City: _____ State _____ Zip _____

Phone: _____ - _____

Grade: _____ Age: _____ Ht: _____ Wt: _____

Position: Off _____ Def _____ Spec _____

Name of Insurance _____

Policy # _____ Group # _____

Emergency Contact: _____

Emergency Phone _____ - _____

Parent or Guardian Signature: _____

T-shirt Size (circle one):

KIDS S M L
ADULT S M L XL XXL XXXL

PARENT/GUARDIAN WAIVER

I realize injuries can be a consequence of participation in this activity and no amount of reasonable supervision or use of the facility will prevent injury. I have carefully considered how the possible consequences of injury may impact my child's life, and I choose to accept this risk and allow him/her to participate in the designated activity.

In accepting this risk, I expressly and explicitly release, discharge and waive any and all responsibility of Gateway High School, Pennsylvania's State System of Education, the Commonwealth of PA, and employees, officials or agents of any and all of the foregoing, pursuant to, or pertaining or related to, or arising from, in any manner, injuries to my child as a result of his/her participation in this activity.

By my signature below, I certify that I completely understand this document.

Signature _____

Date _____